



13th December 2024



Next week at Ide Primary

Day	Morning	Afternoon	Club
Monday	PE - Willow	PE - Elm Assembly	Football (Years 1-6)
Tuesday	PE – Elm	PE -Maple	Martial Arts (years 2-6)
Wednesday	PE – Chestnut	PE –Oak & Acorns & Willow Singing Assembly	Gymnastics (Years R-6)
Thursday	PE - Maple	EYFS Christmas Cracker Elm Carol Concert	Multi-Sports (Years R -3) Science (Years 1-6)
Friday	PE - Chestnut	Music Assembly Woodwind lessons	Physical Fun

Next Week's Menu

Ide Primary School
Knowing children as individuals

SPRING MENU
Week one

Week Commencing: 4/11, 25/11, 16/12, 20/1, 10/2, 10/3, 31/4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	BBQ Chicken Pizza with Potato Wedges and Salad Sticks	Bacon topped Macaroni Cheese with Focaccia Bread Sweetcorn and Peas	Roast Beef and Yorkshire Puddings with Roast Potatoes, Seasonal Vegetables and Gravy	Chicken Katsu Curry with Rice and Naan Bread and Peas DF	Breaded Fish with Chips and Peas or Beans DF
Pick a MEAT-FREE MAIN	Halloumi Burger with Potato Wedges and Salad Sticks	Vegetable Fajita with Rice, Sweetcorn and Peas	Vegetable Wellington with Roast Potatoes, Seasonal Vegetables and Gravy DF	Macaroni Cheese with Focaccia Bread and Peas	Cheese and Bean Pasty with Chips and Beans
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Fresh Fruit Platter GF/DF	Chocolate Krispie Cake	Banana Marble Cake DF	Jam and Coconut Sponge DF	Fruit Jelly GF/DF

Educatering
The School Food Revolution

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

FRESH FRUIT & YOGHURT SERVED DAILY

GF - GLUTEN FREE DF - DAIRY FREE

WHERE POSSIBLE VEGAN ALTERNATIVES AVAILABLE

A Fantastic Week at Ide Primary

We are extremely proud of all the children at Ide this week. The Choir sang beautifully at the Cathedral on Monday, Chestnut represented the school at a Christmas cooking morning at West Exe. Acorn, Oak, Maple and Willow all performed amazingly at their nativities. We all enjoyed a Christmas dinner, Christmas jumper day and this morning we were treated to a thrilling performance of the Elves and the Shoemaker by the Paddleboat Theatre Company.

We look forward to Elm's Carol concert on Thursday next week.

After School Club

There will be no after school club on Friday 20th December, the last day of term.

Uniform

We have noticed a number of children who are not in the correct uniform. Children should be wearing –

- Ide Navy polo shirts
- Ide Green sweatshirts or cardigans
- Grey dresses, skirts, trousers, culottes or shorts
- Green checked summer dresses, skirts or culottes.
- Black shoes (not trainers)
- Plain coloured socks (black, grey or white)

Jewellery should be kept to a minimum. Stud earrings are the only type of jewellery that may be worn.

Simple hair bands or clips may be worn but large bows etc. can become a distraction to learning and so are not suitable. Hair that is shoulder length or longer should be tied back. Nail varnish, makeup or temporary tattoos should not be worn to school.

Extended Music Assembly

On Friday we will be having a slightly extended assembly to celebrate some of the festive music the classes have been involved with. As part of this, the children who have been learning woodwind with Mrs Todd will be playing some ensemble pieces and solos. If any parents of the children who learn to play woodwind instruments would like to join us for this assembly, it will take place in the hall from 2.20pm.

Thank You FIS!

We would just like to say a big thank you to the FIS committee and everyone who has helped and supported their fundraising events this term. Without the hard work and dedication of those that volunteer to run these fundraising events, we would not be able to buy the items and additional workshops that enrich the education of our children. Thank you from everyone at Ide Primary.

Chestnut Christmas Cooking



A Grand Georgian Christmas at Exeter Cathedral



Community Information and Events

THURSDAY
19TH
DECEMBER

Kids Christmas Disco

THE TWISTED OAK

FULL KIDS & MAIN MENU

VISIT FROM SANTA

FACE PAINTER

5PM TIL 8PM

TABLE BOOKINGS ESSENTIAL

BOOK NOW: 01392 273666



Kidical Mass Exeter Christmas Ride 2024

Come and join the next Kidical Mass ride. 14th December 2024 meeting at 11am in Belmont Park. Route and Facebook event can be found by following QR code. Kidical Mass rides are fun short rides promoting safe cycling routes for all and suitable for children of all ages and their adults. Cargo bikes, trailers, scooters and balance bikes welcome. Come along to make some Christmas cheer. We hope to share mince pies and mulled drinks at the end of the ride. Please bring your Christmas treats to share if you can.



Oral Health Improvement Training (Children 0—11yrs)

When:

Wednesday 22nd January 2025
4:30pm—5:30pm

The Oral Health Improvement Team will be hosting a virtual training session on Microsoft Teams aimed at anyone that works with and/or cares for children aged 0—11 years. Including various settings such as nurseries, schools, care settings, hospitals and at home.

Book a place on our course below:



<https://forms.office.com/e/dCfLgwTMnA>

Email: rduh.ohesds@nhs.net | Phone: 01392 405705 | Website: www.royaldevon.nhs.uk/dental



10 Top Tips for Parents and Educators

EDUCATING CHILDREN ON SPENDING AND SAVING

Evidence shows that children's spending habits begin to form as early as seven years old. With primary schools in England not required to teach financial literacy, many young people are reaching adulthood without knowing the basics of budgeting. This guide explains how to teach young people about money in a practical way, giving them the understanding to become savvy spenders and savers.

1 PROVIDE POCKET MONEY

Giving children money – even a small amount – can help them learn to make their own budgeting decisions about how to spend or save it. Research shows that youngsters who receive pocket money are more likely to become adults with strong financial skills and significantly less debt.

2 USE A PREPAID CARD

Being able to pay by card is essential these days, with some retailers not accepting cash since the pandemic. Prepaid debit cards are available for children from the age of six, allowing them to get used to spending like they will as adults with no risk of dipping into an overdraft. Learning about money is like learning to swim – you need to get in the pool and have a go!

3 PRACTISE BORROWING

Although official borrowing is only available to over 18s, kids need to understand how debt and interest works before they become adults and are exposed to credit cards or 'buy now, pay later' schemes. For a safe means of teaching them about this, parents could offer them extra pocket money but explain that it needs to be paid back by a certain date, plus an extra couple of pounds as interest.

4 ENCOURAGE OPEN CONVERSATION

Chatting about money and how much things cost will teach children that finance is a part of everyday life and not some "scary adult thing". Parents can involve them in budgeting for the weekly shop, for example, working together to get everything on the list while keeping the total below a certain number. Letting young ones make spending decisions in a safe space can build up their confidence regarding money.

5 DISCUSS THE PRESSURE TO SPEND

Whether it's YouTube ads or a hint of envy at a friend's recent purchase, spending triggers are everywhere. Encourage children to notice how clever shop design (like placing sweets at the checkout) and offers such as '2 for 1' deals entice us to spend more. Challenge them to resist impulse buys by getting them to sleep on it before deciding to spend.

6 TELLING 'NEED' FROM 'WANT'

Learning how to prioritise spending is an important life skill: the difference between life's essentials and "nice to haves" is key to budgeting. If children pester you for treats while shopping, it's the perfect time to say "That's a want. We're getting our needs first." You could show how you budget for food, electricity and so on before buying fun things.

7 ENCOURAGE SAVING

Getting children saving early can set them up with a useful habit for their adult life. Suggest that they set something aside every time they receive money and help them set a target for how much to put away, so they feel motivated to continue. For example, encouraging them to save for a friend's birthday gift can get children much more invested in what they buy.

8 SPARK INTEREST IN INTEREST

Motivate children by telling them about interest; you can describe it as a reward for saving money. Explain how everything they put away will grow over time. As an exciting example, explain that 1p doubled every day for a month would amount to approximately £10 million. Some prepaid cards for young people also offer interest; parents and carers could also add a little to supplement what their child saves and show how it works.

9 PAYING FOR CHORES

This is a complex debate with no right or wrong answer: it depends on what works for each individual family. However, it can be one of the best ways to teach children that money needs to be earned and helps to create more mindful spenders. If parents aren't keen on paying for everyday chores, they could ask the children to suggest their own ideas for earning a little extra.

10 PROTECT CHILDREN FROM SCAMS

Scams are a terrifyingly easy way to lose money, and children are generally more likely to be taken in due to a lack of experience with these financial criminals. As a minimum, make sure they're aware of the most common scams they could be exposed to – by text, email and phone, for instance. Young people should tell a trusted adult about any unexpected message or call and never give out their personal information.

Meet Our Expert

GoHenry is a prepaid debit card and financial education app with a mission to make every young person smart with money. Co-founder and CEO Louise Hill is a passionate campaigner for better financial literacy among school children and strongly believes that money management is a crucial life skill.

goHenry

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/spending-and-saving>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.11.2024