



11th October 2024



This week the following children have been recognised in our Celebration Assembly –

Class	Values Champion	Learner of the week
Oak	Sky for Kindness and Respect	Reuben for being an Engineer
Maple	Violet for Individual Best	Harry for being a Historian
Willow	Joe for Kindness and Respect	Wilf for being a Mathematician
Elm	Lily for Individual Best	Lyla for being an Athlete
Chestnut	Dylan for Teamwork	Woody for being an Athlete

Next week at Ide Primary

Day	Morning	Afternoon	Club
Monday	Cricket Workshops – Oak, Maple, Willow and Elm		Football (Years 1-6)
	Chestnut Science Festival at West Exe	Exeter Foodbank Assembly	
Tuesday	Oak Trip to West Town Farm		Martial Arts (years R -3)
	Willow Trip to Shillingford Farm		
	PE – Elm	PE – Maple	
Wednesday	Chestnuts- PE	PE – Willow, Oak & Acorns	Gymnastics (Years R-6)
		Singing Assembly	
		Guitar Lessons	
Thursday	Reception Vision Screening	Oak & Acorns	Adventure Sports(Y3-6)
			Science (Years 1-6)
Friday	PE – Chestnut	Harvest Festival at West Town Farm	Physical Fun (Invite only)
	Woodwind lessons		

Next Week's Menu

Autumn Menu Week one
Week Commencing: 02/09, 23/09, 14/10

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Chilli con Carne, Steamed Rice and Peas GF/DF	Hunter's Chicken with Mashed Potato and Seasonal Vegetables GF/CP	Roast Loin of Pork with Roast New Potatoes, Seasonal Vegetables and Gravy GF/DF	Chicken Korma with Sunshine Rice DF	Fishcakes or Salmon Fingers with Chips and Baked Beans
Pick a MEAT-FREE MAIN	Tomato and Basil Pasta Bake with Salad DF	Vegetable Cottage Pie and Seasonal Vegetables GF/DF	Cauliflower and Broccoli Cheese Bake with Roast New Potatoes, Seasonal Vegetables and Gravy GF	Vegetarian Brunch Veggie Sausage, Hash Brown, Tomato and Baked Beans DF	Veggie Nuggets with Chips and Baked Beans DF
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Fresh Fruit Salad GF/DF	Butternut Squash Brownie DF	Lemon Drizzle Cake DF	Apple Crumble and Custard	Ice Cream Pot GF

Educatering
The School Food Revolution

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

FRESH FRUIT & YOGHURT SERVED DAILY

GF - GLUTEN FREE DF - DAIRY FREE CP - CONTAINS PORK 🌿 - VEGAN

WHERE POSSIBLE VEGAN ALTERNATIVES AVAILABLE

Book Fair

Thank you for coming to our book fair. If you were unable to make it, you can still buy on line at [Book Fair Parents Hub - Scholastic Book Fairs](#)

Harvest Plans

This coming Monday, Mark Richardson from Exeter Foodbank will be coming in to lead an assembly about the work that the Foodbank does to support people across the city. We will be collecting items for the Foodbank over the two weeks before half term in the foyer. Please see the list of priority items which they are particularly seeking at present.

On Friday 18th the whole school will be walking to West Town Farm during the afternoon for our Harvest assembly, which is always a wonderful occasion to celebrate the season.

PRIORITY ITEMS

- Tins of meat
- Tins of vegetables
- Tins of fruit
- Noodle and pasta snacks
- Jams and spreads
- Small jars of coffee
- Rice Pudding
- Tins of fish

School Meals

Please remember to order meals for the next two weeks by midnight Sunday. Once booked, you will not be able to change your meal choice so please ensure your choices are as accurate as possible. If you have not booked a meal in advance, you will need to provide your child with a packed lunch. You will not be able to book a meal on the day.

Cricket Workshops

Devon Cricket Foundation will be coming in for the next two Mondays to deliver cricket lessons to Oak, Maple, Willow and Elm. Please can the children come into school in their PE Kit on Monday.

Thank you and see you there!

Oak

Please remember give permission and payment for your child to attend the trip to West Town Farm on Tuesday.

Please also remember to return the bikeability consent forms.

A reminder that library books need to be in school on Wednesdays for changing and reading books on Friday.

Please can you ensure that all your child's belongings are named. Thank you.

Maple

Homework should be handed in on Wednesdays and is given out on Thursdays. Please can children remember to bring their books to school on Thursdays for changing.

Please remember to give permission for your child to attend the trip to Shillingford Farm. Sandwich choices must be given by Monday if you require a school packed lunch.

Willow

Please remember to give permission for your child to attend the trip to Shillingford Farm on Tuesday. We are still looking for parent helpers to help with this. If you are available and would like to help, please email Willowclas@ide.devon.sch.uk. Thank you.

Elm

A reminder to give permission and payment for the trip to RAMM and the Redcoat Tour. Thank you.

Spellings are tested on a Tuesday and homework books are due in on Wednesdays.

Chestnut

The children are looking forward the Science Festival at West Exe on Monday. Please can the children be in school for 8:40am on the Monday morning as we will walk to West Exe and are expected to be there by 9:20am. The children will need to wear their school uniform and school shoes and have a waterproof coat. We will be leaving all bags in school so they will need a water bottle they can carry.

World Mental Health Day

Thank you to Exeter City for a fantastic assembly this week.

If you need some free practical advice to help you support your child please have a look at Parenting Smart, Place2Be's site for parents and carers. It is full of expert advice and tips on supporting primary-age children, managing their behaviour and acting on their views.

<https://parentingsmart.place2be.org.uk/>

Things to Look Forward to At Ide Primary

October	
Monday 14th	Chestnut Science Festival
Tuesday 15th	Oak Trip to West Town Farm
Tuesday 15th	Willow Trip to Shillingford Farm School
Thursday 17th	Reception Vision Screening
Friday 18th	Harvest Festival at West Down Farm
Friday 18th	FIS Movie Night Years 4-6
Monday 21st – Tuesday 22nd	Oak Bikeability
Tuesday 22nd	Maple Trip to Shillingford Farm
Monday 21st – Wednesday 23rd	Parents meetings
Monday 28th – Friday 1st November	Half Term
November	
Monday 11th	Maple and Oak Author Visit
Thursday 14th	Elm Trip to the RAMM and Redcoats Tour
Tuesday 19th – Thursday 21st	Year 5 Bikeability
Tuesday 19th	Flu Immunisation
Thursday 28th	Chestnut Showdown at Barnfield Theatre
December	
Wednesday 11th	Maple and Willow Christmas Production 2pm
Thursday 12th	Maple and Willow Christmas Production 2pm
Friday 13th	Oak and Acorns Nativity 2pm
Thursday 19th	Elm Carol Concert at St Ida's Church (afternoon- time to be confirmed)
Friday 20th	Last day of Term





Ide Primary School **RECEPTION OPEN** **MORNINGS**

WEDNESDAY 9TH OCTOBER 9.30

THURSDAY 24TH OCTOBER 9.30

TUESDAY 5TH NOVEMBER 9.30

**Is your child due to start
reception in September 2025?**

**Come along and experience
our nurturing environment,
where every child is valued as
an individual and supported to
achieve their best.**

Adults and children welcome!





We're Back!

Join us weekly for fun with friends at our baby and toddler group at Ide Primary School!

- Sensory play
- Music
- Baby weighing scales
- Refreshments

Suggested Donation £1 per family

A new time...
Tuesdays during term time
1.15-3.15pm

FIS

Supporting the school to thrive

Halloween Movie Night

Friday 18th October

Year 4 - Year 6.

Showing Monster High (PG) with snacks Also crafts and decorate your own biscuits.

3.25pm - 5.30pm.

Suggested donation £5 per child

Cash only please - leave in named envelope in either the drop box in entrance hall or Lynns office. (Please write on the envelope if your child has any allergies.)

Due to lists for teachers needing to be update, payment before Thursday 17th October please.

(This is open to all children in Year 4 - 6. Please let the school office know if you are experiencing financial difficulty and would like assistance to cover the cost of this event.)

INTRODUCING CASHPOT FOR SCHOOLS

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CASHPOT FOR SCHOOLS

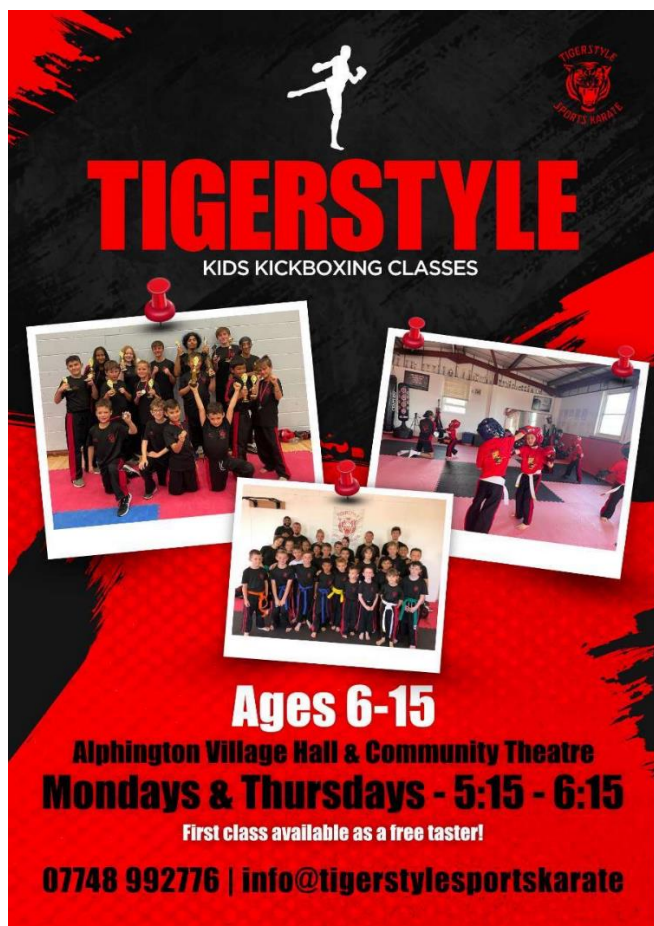
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Community Information



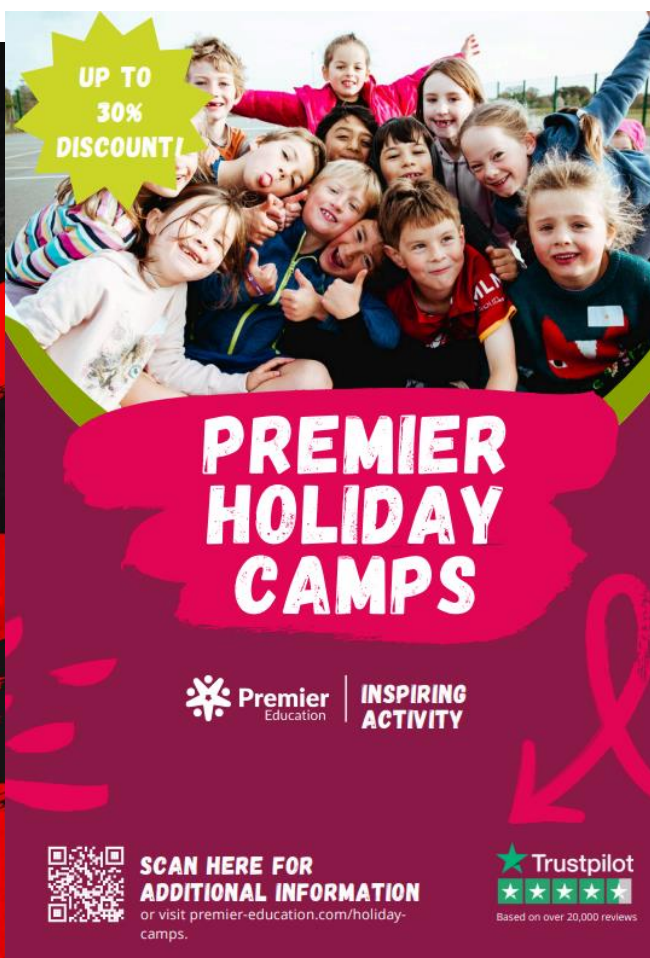
TIGERSTYLE
KIDS KICKBOXING CLASSES

Ages 6-15

Alphington Village Hall & Community Theatre
Mondays & Thursdays - 5:15 - 6:15

First class available as a free taster!

07748 992776 | info@tigerstylesportskarate



UP TO 30% DISCOUNT!

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Premier Education October Holiday Camps at...

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Activities include Archery, Gymnastics, Performing Arts, Football, Arts & Crafts, Dodgeball, Tennis and many more!

28th October - 1st November, 0900-1530, Age 4-11, £24.99 per day

We accept payment via childcare vouchers!

30% DISCOUNT available until 22nd September

15% DISCOUNT available until 29th September

Visit www.premier-education.com to book

Contact dcrysell@premier-education.com for queries

See you soon!

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PLENTY OF WATER
SUITABLE CLOTHING
LOADS OF ENERGY!

Our Holiday Camps keep children entertained, safe & on the move during the school holidays.

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BOOK NOW: 01392 273666
THE TWISTED OAK

KIDS HALLOWEEN DISCO

FRIDAY 1ST NOVEMBER | 5PM TIL 8PM

TABLE BOOKINGS ESSENTIAL

FACE PAINTER AND DISCO
FULL KIDS & MAIN MENU

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO MANAGE CONFLICT EFFECTIVELY

Disagreement is a natural part of human interaction. This can seem particularly true when dealing with the sensitive issues that arise for secondary-aged pupils. This guide brings you 10 top tips which can help prevent conflicts arising or mitigate their impacts when they do.

1 INSPIRE RESPONSIBILITY

The best approaches to conflict resolution are restorative. This means that rather than adults imposing their own solutions on children who have had a disagreement, they should work with them. Allowing them to handle it can feel empowering to young people and will hopefully teach them to manage their own disputes as they move towards adult life.

2 ACTIVELY LISTEN

Remember to give every child the opportunity to voice their opinion, regardless of their age, stage of development, special educational needs, or other individual requirements. This can be done using a variety of different communication methods. For example, some children find it easier to express how they're feeling using pictures and drawings, while some prefer to write their ideas down.

3 BE CURIOUS

Demonstrating how to approach conflicts with a mature and empathetic mindset can set a good example to children, which can prove a useful skill for them later in life. Model this by asking inquisitive-yet-respectful questions about the issue at hand. Really try to understand where all parties are coming from, and share information between them when and where appropriate. This should encourage young people to mirror your behaviour, teaching them to be curious about the other sides of a conflict, and thus being more willing to hear them out.

4 PROMOTE DIFFERENCES

Children and young people may come from a range of different backgrounds and cultures or have protected characteristics which may cause them to see things from various angles. Having a school and community culture which celebrates and embraces diversity in all things – including diversity of opinion – means people are more likely to feel heard and understood.

5 BE SUPPORTIVE

Discussions may be sensitive or, in some cases, even trigger negative emotions. Pupils may have mixed feelings about the issue at hand. They could be nervous or anxious before even coming to the table to talk about it. Try and create a space where all parties feel safe, welcome and comfortable. Allow breaks and time-outs if the conversation gets heated, to prevent anyone from saying something they might later regret.

6 MENTALLY PREPARE

Think of how you can approach the conflict in a calm and regulated manner. Consider taking some extra time to prepare beforehand and finding somewhere quiet to relax. Even if you're not directly involved with the conflict, mediating can be a stressful experience in its own right. Make sure you're hydrated, fed and comfortable, and do the same for the young people involved. These may seem like insignificant factors, but it's important to remember that physical discomfort can trigger dysregulation, which can make it much harder to have a calm, productive conversation.

7 GET YOUR FACTS STRAIGHT

Make sure you have all the facts, figures and timelines of the situation prior to the discussion. This should be done as objectively as possible with the aim of resolving the ongoing issue. You may want to risk assess any problems that may arise and look for possible solutions during your preparation time.

8 STICK TO THE POINT

Make the reason for, and purpose of, any meetings or communications clear prior to setting them up. Provide an agenda. Act as a neutral chairperson who can keep all parties on track. Make sure everyone has a chance to air their concerns about the issue being discussed and try to avoid talking about unrelated incidents. Close off with some action points, detailing what everyone can do to resolve the conflict.

9 BE SOLUTION FOCUSED

It's often said that the art of diplomacy is about giving others ladders to climb down. This means the main aim of any meeting or correspondence should be finding mutually acceptable and amicable solutions. Parents, carers, teachers and pupils should be aware there may need to be a compromise for the common good – and, most importantly, the good of the children you're supporting.

10 DON'T IGNORE OR AVOID CONFLICT

No one benefits from allowing concerns and grievances to fester, as this can lead to further division and mistrust, and ultimately doesn't help the children involved. Use our tips to open meaningful lines of communication. These should help you find a suitable resolution and minimise the number of conflicts you're faced with mediating overall.

Meet Our Expert

Catrina Lowri is a neurodivergent former SENCO and advisory teacher. She founded her company, Neuroteachers, to improve inclusion for neurodivergent people. She works with nurseries, schools, colleges and businesses providing consultancy, training and mentoring to create belonging and understanding for people with the full range of neurotypes.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-to-manage-conflict-effectively>



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