



14th February 2025



This week the following children have been recognised in our Celebration Assembly –

Class	Values Champion	Learner of the week
Oak	Oaken for Kindness and Respect	Penelope for being an Author
Maple	Sophie B for Kindness and Respect	All of Maple for their 60's day learning
Willow	Wilf for being conscientious	Ruby for being an Engineer
Elm	Poppy for Kindness and Respect	Eddie for being an Artist
Chestnut	Ruby for Kindness and Respect	Alfie Wa for a R.E

After Half Term at Ide Primary

Day	Morning	Afternoon	Club
Monday	PE - Chestnut	Reception and Y6 National Child Measurements	Football (Years 1-6)
		PE - Elm	
		Assembly	
Tuesday	PE – Willow		
Wednesday		Guitar Lessons	Martial Arts (year 3-6)
	PE – Elm & Willow	Singing Assembly	
Thursday	PE - Maple		Dodgeball (Years 3-6)
			Science (Years 1-6)
Friday	PE – Chestnut & Maple	Woodwind lessons	Physical Fun
		Celebration Assembly	

Menu Week Comencing 24th February



SPRING MENU

Week two

Week Commencing: 11/11, 2/12, 6/1, 27/1, 24/2, 17/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pick a MAIN	Hunters Chicken with Wedges, Broccoli and Slaw GF	Beef Bolognese with Spaghetti, Garlic Bread and Sweetcorn DF	Roast Pork with Roast Potatoes, Seasonal Vegetables and Gravy GF/DF	Chicken Biryani with Salad Sticks DF	Salmon Fingers with Chips, Peas and Beans DF
Pick a MEAT-FREE MAIN	Tomato and Vegetable Pasta Bake with Focaccia Bread and Slaw	5 Bean Chilli with Rice, Nachos and Sweetcorn GF/DF	Quorn Sausage with Roast Potatoes, Seasonal Vegetables and Gravy DF	Margherita Pizza with Wedges and Salad Sticks	Vegetable Nuggets with Chips Peas and Beans DF
Pick a JACKET POTATO	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo	Cheese / Beans / Tuna Mayo
Pick a DESSERT	Fresh Fruit Platter GF/DF	Custard Cookie	Chocolate Brownie DF	Carrot Cake DF	Eton Mess GF



FRESH FRUIT & YOGHURT SERVED DAILY

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

GF - GLUTEN FREE DF - DAIRY FREE
WHERE POSSIBLE VEGAN ALTERNATIVES AVAILABLE

Farewell

In our celebration assembly, we said a very fond farewell to Anne as she retires. She has been such an important part of our Early Years team, and we will all miss her greatly. Many of you and your children have benefited from her warmth, care, and experience over the years, and we wish her all the best for the future.

A message from Anne –

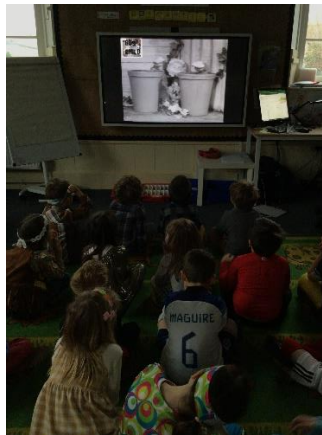
Thank you so much to the staff, parents and children for all of your kind messages and gifts for my retirement. I will miss you all and look forward to visiting in the summer term. Anne

We also said goodbye to Nathaniel Dunbabin, who has been volunteering with us since June last year. Nathaniel has kindly given his time to support the staff and children on numerous events and in the classroom and leaves us to start a Teaching Assistant post at Bowhill Primary. We wish you success in your new role.



Maple 60's Day

Maple enjoyed a fantastic day on Tuesday celebrating the 60's. The children looked fantastic in their costumes. They enjoyed some stories from Richard Poppleton and danced the afternoon away to a live music performance by Jake Dane. Great fun was had by all. Thank you to Richard and Jake for enhancing the children's learning.



Girls Football Tournament

Our Year 4 and 5 girls enjoyed a football tournament at West Exe last Wednesday morning. The competition was very close and performance and enthusiasm levels were high. Our girls came 4th and 5th out of 7 teams and displayed great teamwork and respect to other teams. Well done.

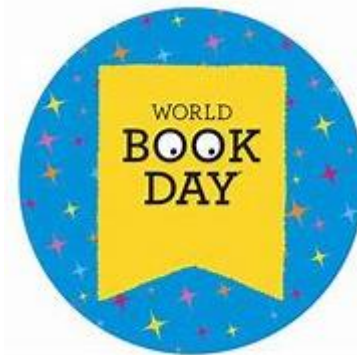


World Book Day

We will be celebrating World Book Day this year on Friday 7th March. Children are invited to come into school dressed as a book character for the day. If it is your child's PE day, a suitable activity will be organised for them in their costumes. They do not need to bring separate PE kit with them.

The children will be splitting into their house groups in the afternoon to share a book and carry out some art and drama linked activities with a costume parade at the end of the school day in the hall.

we look forward to seeing the children's costume creations on the day.



Chestnut PE

Chestnut will be changing their PE day after half term to a Monday. Therefore they will need to come into school in their PE Kit on the Monday after half term.

Arriving at School

Please can all children arrive in school by 9am. All children who arrive after 9am are marked as late which affects their attendance marks. Please ensure that children do not run around the car park and along the grass verge whilst waiting to come into school.



Things to Look Forward to At Ide Primary

February	
Mon 17th – Fri 21st	Half Term
Monday 24th	Reception and Year 6 National Measurement Programme
March	
Tuesday 4th	Devon Wildlife Trust Visit Wildlife Champions
Wednesday 5th	Elm Visit to West Exe Production
Friday 7th	World Book Day
Monday 10th	Elm and Chestnut History Workshop
Wednesday 12th	Maple Multi Skills Festival at West Exe
Monday 17th	Willow and Elm Dental Hygiene Visit
Wednesday 19th	Willow History Workshop
Thursday 20th	Maple Trip to Paignton Zoo
Friday 21st	FIS Quiz Night
Wednesday 26th	Devon Wildlife Trust Champions Conference
Wednesday 26th	Elm Handball Festival at West Exe
Wednesday 27th	ELAT Song and Dance Day
April	
Tuesday 1st	Willow Showdown at Barnfield Theatre
Thursday 3rd	Poetry Performance
Friday 4th	Last Day of Term
Mon 7th – Mon 21st	Easter Holiday
Tuesday 22nd	Year 3 and 4 swimming starts
May	
Monday 5th	Bank Holiday
Mon 12th – Thurs 15th	Year 6 SATs
Friday 16th	Booktrust Pyjamarama
Mon 26th to Fri 30th	Half term
June	
Monday 2nd	Inset Day
Mon 2nd – Wed 4th	Year 5 & 6 Residential at Wildwood Escot
Mon 16th – Fri	Sports Week
Tuesday 17th	Sports Day
Wednesday 18th	Chestnut Softball Cricket League at West Exe
July	
Tuesday 22nd	Last day of term

Term dates can be found on our website or via the following links –
[Academic calendar 2024/25 UK](#) [2025/26 Academic Calendar](#)

FIS PRESENTS:

QUIZ & PIZZA



FRIDAY
21ST
MARCH



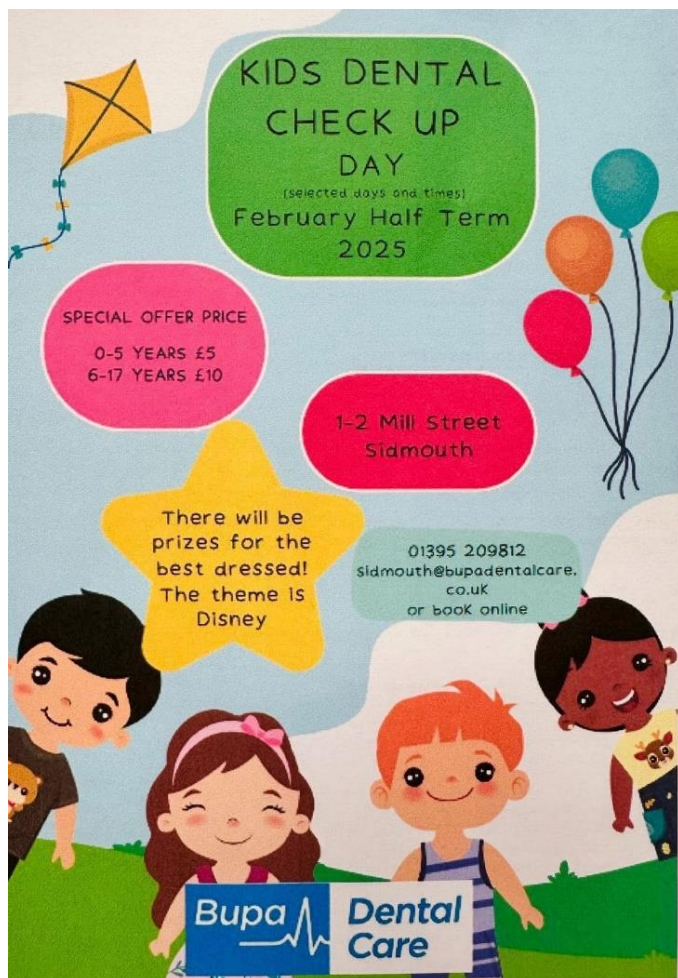
Ide Memorial Hall
£10pp includes pizza
Teams of up to 6
Doors open 7pm -
Quiz starts 7.30pm



BAR * PIZZA * RAFFLE

Limited spaces so please message us
to book your team:

friendsofideschool@hotmail.com or
message Louise on 07813 142635



Are you worried about your child's...

Selective mutism?

Delay in using first words?

Understanding of
language?

Speech clarity?

Use of vocabulary or grammar?

Stammering? Social skills?



exeter speech & language therapy

Private speech and language therapy for children and young people aged 0-18 years, in Exeter and the surrounding areas. For more information and to arrange a **free** initial telephone appointment, please see our website: www.exeterspeechandlanguagetherapy.com



Devon Children & Young People's Neurodiversity Navigators

A free, confidential wellbeing service supporting children, young people and their families navigating neurodiversity.

Contact Us

livewell.devonndnavigators@nhs.net

Monday – Friday
9am–5pm

What we do

- Information and guidance relating to specific aspects of neurodiversity
- Objective, evidence-based advice and positive support strategies
- Active listening and practical and emotional support
- Connect with other teams and external services to help co-ordinate your journey
- Connect families to enable peer support and connection



Have your say

We are interested in hearing about the lived experiences of young people and their families.

Your views and experiences allow us to develop our team, and tailor the services we provide to improve the support for our families and young people.

We support people to lead independent, healthy lives

10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Phones and computers are essential parts of children's lives, but with unfettered internet access comes a multitude of risks. While not foolproof, parental controls can help with this; filtering out inappropriate content, limiting the ability to spend real money, capping screen time and generally making devices safer for young people.

1 KNOW THE TYPES

While parental control software can apply to an entire device, it also pays to know about options on individual apps and websites. TikTok, for example, has Restricted Mode for limiting unsuitable videos, while Snapchat lets you keep an eye on who a child has been talking to. Check the settings of any new app young users want and review your options.

2 COVER ALL DEVICES

Knowing what parental controls cover is crucial, as remaining unaware can run the risk of 'blind spots' in the device's safety measures. Controls on a phone will apply whenever a child's on that device, for instance – but you'll want to ensure that parental controls are set up across any laptops, tablets and potentially other phones, too. Remember, buying a new device may require you to set everything up again.

3 DON'T NEGLECT SHARED TECH

While children often have their own devices, if you have a shared family computer or tablet, for example, you'll need to make sure that's not a weak point in your safety measures. Parental controls for your router, that cover everything connected to your Wi-Fi, are one option – or you can just be thorough with each device and online account. Just ensure that unprotected laptops, phones and tablets are password locked.

4 CONSIDER TIME CONTROLS

Even safe internet content can be harmful if it's viewed in excess. Not only are certain apps addictive enough to distract from other duties, but late-night usage can badly disrupt sleep, which is vital for adolescent brain development. Most parental controls offer some kind of time limit – either blocking access at certain hours or capping the number of minutes it can be used per day – so be sure to consider these.

5 BLOCK APP SPENDING

Seemingly free apps can sometimes include microtransactions; purchases that can be made using real money. While plenty of developers implement these fairly, some companies attempt to manipulate children into paying for additional features or content, which can soon add up to hundreds of pounds if a child gets carried away. Thankfully, iOS and Android's settings allow you to block in-app purchases, preventing any huge bills.

6 NO CONTROLS ARE PERFECT

Parental controls can be very useful, but they're far from infallible. Some unpleasant content can and unfortunately will slip through the net, so remember that setting up these measures isn't a substitute for taking an active interest in young people's digital lives. Talk to them, and make sure they're aware of the risks of the internet as well as its benefits.

7 MIND THE GAPS

There'll undoubtedly be some gaps in parental controls, no matter how thorough you intend to be. For example, if you use router-level parental controls, bear in mind that these won't cover WiFi outside the home. For that reason, it's important to keep an open dialogue with children about the many unpalatable aspects of social media and the web.

8 KEEP THINGS SECURE

Some children can react poorly to parental controls and feel tempted to circumvent them. It's important to ensure that the passwords to these settings remain unknown to children, otherwise they can easily modify the restrictions without you knowing. Similarly, make sure your phone isn't left unlocked and unattended.

9 REVIEW CONTROLS REGULARLY

Parental controls shouldn't be a 'set and forget' deal. Not only can parental summaries provide you with a frequent overview of a child's digital life – to let you spot any warning signs – but companies often add new features, and some of these may be useful to enable (or disable). Regularly checking in ensures that if a child has found a way to wiggle out of the controls, you'll be the first to know.

10 KNOW WHEN TO LET UP

The parental controls you install on a computer for a seven-year-old probably wouldn't be appropriate for a child of 16 – and as young people approach adulthood, bubble wrapping the internet can do more harm than good. Consider relaxing parental controls as children get older, so they can learn to manage the risks of the internet themselves, without so many training wheels.

Meet Our Expert

Alan Martin is an experienced technology journalist and the former deputy editor of technology and internet culture website Alphr. Now freelance, he has contributed articles to publications including the New Statesman, CNET, the Evening Standard, Wired, Rock Paper Shotgun, Gizmodo, Pocket Gamer, Stuff, T3, PC Pro, Macworld, TechRadar and Trusted Reviews.



#WakeUpWednesday

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