



16th January 2026



This week the following children have been recognised in our Celebration Assembly -

Class	Values Champion	Learner of the week
Oak	All of Oak for Teamwork	Wren for being an Author
Maple	Ocean for Individual Best	Hugo for being an Author
Willow	Elliot for Individual Best	Libby for being a Mathematician
Elm	Jack C for Teamwork	Jensen for being a Philosopher
Chestnut	Freddie S for Individual Best	Lyla for being an Artist

Next Week at Ide Primary

Day	Morning	Afternoon	Club
Monday	PE- Chestnut & Willow	Assembly	Football (Years 1-6) Drama (Years 2- 6)
Tuesday			Dance (years R -6)
Wednesday	Willow End Ball at West Exe	NCMP for Reception and Year 6	Gymnastics (Years 3-6)
	PE –Elm	Guitar Lessons	
		Singing assembly	
Thursday	PE – Maple, Elm & Oak		Yoga (YR - 3)
Friday	PE – Chestnut & Maple	Woodwind Lesson	
		Celebration Assembly	

Next Week's Menu



SPRING MENU

WEEK THREE

WEEKS COMMENCING: 19/1, 9/2, 2/3, 23/3

FRUIT AND SALAD AVAILABLE DAILY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Macaroni Cheese with Homemade Focaccia Bread and Peas	Spanish Chicken with New Potatoes and Fine Green Beans	Devon Roast Pork and Gravy with Roast Potatoes, Carrots and Cabbage	Mild Devon Beef Chilli with White and Wholegrain Rice, Tortilla Chips and Sweetcorn	Breaded Fish with Chips and Peas
MAIN TWO	Vegetable and Mixed Bean Hot Pot with Homemade Focaccia Bread and Peas	Roasted Vegetable Quiche with Roasted New Potatoes, Fine Green Beans and Sweetcorn	Vegetarian Sausage Toad in the Hole with Roast Potatoes, Carrots and Cabbage	Sweet Potato Falafel with Tomato Sauce, White and Wholegrain Rice, Tortilla Chips and Sweetcorn	Cheese and Bean Pasty with Chips and Peas
JACKET POTATO	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings
DESSERT	Custard Cookie	Orange Sticky Toffee Cake	Fruit Wedges or Yoghurt	Strawberry Mousse	Apple and Raspberry Cake

We are pleased to offer a variety of allergen free options on our food menu. All allergen free food is prepared in a kitchen that handles meat allergens and therefore we cannot guarantee that cross contamination will never occur. We do take every possible precaution to prevent this from happening.

Educating
The Food of the Future

Willow End Ball Festival

Willow Class will be participating in an end ball festival on Wednesday 21st January. The children need to meet at West Exe at 9.10am (they do not need to register at school first, as it will be marked as a sporting event on our school registers). If you are unable to take your child to West Exe at 9.10am, please let the school office know. Everyone will then walk back to Ide before lunch.

The children will need to wear their PE kit (plain black shorts, a green PE t-shirt and old trainers) and they will need to bring a waterproof coat and warm layers. They need to come to the event wearing their PE kit and they will not need to change into their uniform when they return to school. The children will also need to bring a snack and plenty to drink.

We are looking for parent volunteers to help with this event. If you are available and would like to help, please email me on the Willow class email address. willowclass@ide.devon.sch.uk

National Child Measurements Programme

Each year in England, children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme. I have attached a letter with details and a link to an opt-out form for completion if you do not wish for your child to have their measurements taken. If you don't want your child to take part, complete [2025-2026 NCMP opt-out form for parents](#)

The team will be visiting us on Wednesday 21st January.

After School Club

We are making a change to the finishing time for After School Club on Fridays due to low uptake of spaces on this day.

From Friday, 23rd January, After School Club will finish at 4:30 pm. The cost will be £4.50, and children will still enjoy their usual snack and fun activities.

Thank you for your understanding.

Times Tables Rock Star Day

On Friday 6th February, we will be rocking out with a whole-school Times Tables Rock Stars themed day. This will be a non-uniform day, and children are invited to dress up as a rock star. Throughout the day, children of all ages will take part in a range of maths activities, with older pupils also competing in Times Tables Rock Stars battles across the school.

There will be prizes for the best dressed rock star in each year group - so bring on the denim, colourful hair and air guitars!

A Request for Maps

We are looking for donations of any old atlases, maps, or road maps for an upcoming art project in Chestnut class.

Maps of any kind are welcome—fold-out maps, atlases, road maps, travel maps, outdated or damaged ones—would be greatly appreciated.

They do not need to be current or in perfect condition as they will be taken apart anyway. If you have any you're willing to donate, please send them in as soon as possible.



Things to look forward to at Ide Primary

January	
Wednesday 21st	Nation Child Measurements Programme Reception & Year 6
Wednesday 21st	Willow End Ball Festival at West Exe
Wednesday 21st	Year 6 Netball League
Wednesday 28th	Year 6 Netball League
February	
Friday 6th	Times Tables Rock Star Day
Friday 13th	FIS Non-Uniform Day
Mon 16th – Fri 20th	Half Term
March	
Mon 9th – Fri 13th	Science Week
Friday 13th	Maple Trip to Shillingford Farm
Mon 16th -Fri 27th	Big Walk & Wheel
Tuesday 31st	Elm Showdown at Barnfield Theatre
April	
Wednesday 1st	Maple Multi Skills at West Exe
Thursday 2nd	FIS Non-Uniform Day
Thursday 2nd	Last day of Spring Term
Monday 20th	First day of Summer Term
Monday 4th	Bank Holiday
Tuesday 21st	Year 3 and 4 Swimming
Wednesday 29th	Willow Striking and Fielding Festival at West Exe
Tuesday 28th	Year 3 and 4 Swimming
May	
Monday 4th	Bank Holiday
Tuesday 5th	Year 3 and 4 Swimming
Tuesday 12th	Year 3 and 4 Swimming
Tuesday 19th	Year 3 and 4 Swimming
Friday 22nd	FIS Non-Uniform Day
Mon 25th – Fri 29th	Half Term
June	
Monday 1st	Inset Day
Mon 8th – Wed 10th	Year 5 and 6 Residential
29th – 3rd July	Sports Week
Tuesday 30th	Sports Day
July	
Tuesday 21st	Last day of Summer Term

Term dates can be found on our website - [2025/26 Academic Calendar](#)

Community Information

CORNWALL & DEVON
School Age Immunisation Service
Provided by Kernow Health CIC

NHS

Flu Vaccination

School Age Reception - Year 11

Drop In Clinic

Saturday 17th Jan 2026
10:30 - 13:30

The Church of Jesus Christ
of Latter-day Saints
Wonford Road
Exeter
EX2 4UD

For more information
please speak with a
member of the team
Call us on
01392 342678
kernowhealthcic.schoolimmsdevon@nhs.net

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Devon County Council

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WEST EXETER HOLIDAY CLUBS

- ★ St Michael's Church of England Primary Academy, Exeter, EX1 2SN*
- ★ Bowhill Primary School, Exeter, EX4 1JG**
- ★ St Thomas Primary School, Exeter, EX2 9BB
- ★ Running 16th, 17th, 18th, 19th, & 20th February
- ★ Multi Activity clubs available
- ★ 9am - 3:30pm
- *8am - 5pm extended option including breakfast and afternoon snack
- **4 year olds 9am-1pm ONLY

★ **FIRST DAY FREE, SECOND DAY HALF PRICE - AVAILABLE TO EVERYONE!**
(Message us on Facebook @ Premier Education Devon to book)

- ★ £27.99 per child, per day
- *£44.49 per child, per day / **£16.49 per child, per day
- ★ Available to children aged 4 - 11
- ★ Book at www.premier-education.com/holiday-camps
- ★ Contact dcrysell@premier-education.com for queries

Our Holiday Clubs keep children active, safe, and entertained throughout the school holidays.

Join us this February as we offer a wide range of fun activities, including sports, performing arts, and games, all at great value. There's something for every child to enjoy this half-term!

Book now for half term fun!

CLUBS ARE BETTER WITH FRIENDS!

TREAT YOUR FRIENDS TO 20% OFF...AND GET 20% OFF TOO!

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10 Top Tips for Parents and Educators

ESSENTIAL ONLINE SAFETY

Children and young people use the internet every day to learn, play, and connect, but the online world is not always safe. For adults, it can be hard to keep up with the risks, including harmful content, cyberbullying and scams. These 10 tips provide clear and practical advice to support safer and healthier digital habits, helping young people to make informed, secure choices when using technology.

1 START EARLY CONVERSATIONS

Begin talking about online behaviour from the moment children start using devices. Use age-appropriate language and revisit topics regularly, making it clear they can speak to you about anything that upsets or confuses them. Keeping these chats open helps build trust, so children are more likely to come to you when needed.

2 PROMOTE SAFER SHARING

Children can overshare without understanding the risks. Remind them that photos, locations, or messages can be copied or shared beyond their intended audience. Explain how even private messages or group chats can be saved and/or misused. Talk about what is appropriate to post, message, and who it's safe to share with.

3 ENCOURAGE DIGITAL BALANCE

Many apps and games are designed to keep users engaged through rewards, likes, or constant updates. These features can make it hard for children to switch off. Talk openly about how these systems work and help children recognise when it's time to take a break. Building in tech-free routines supports a healthier balance and awareness of their screen time.

4 CREATE A SAFE SPACE FOR CONCERNS

When children come to you with a concern, respond with interest and care, rather than with alarm. Keeping your reaction measured helps them feel safe and supported. This doesn't mean ignoring serious issues; it means showing that you're there to help. When children trust that they can speak openly, they're more likely to feel supported through unpleasant online experiences, and to ask for help in future.

5 STAY INFORMED AND CURRENT

With emerging technologies like AI moving and changing so quickly, it's important to stay updated on how children are using new platforms, apps and games. Ask them to show you what they use and let them take the lead as you explore together. This opens up valuable conversations and helps you stay ahead of emerging risks and trends.

6 TEACH CRITICAL THINKING

Talk to children about how to recognise unreliable information or scams online. With AI-generated videos, photos, and stories becoming harder to spot, help children question what they see and encourage them to look for evidence, check sources, and ask questions. These skills will help them avoid risks, make smart choices, and develop healthy habits for the future.

7 SET CLEAR BOUNDARIES

Involve children in conversations about device usage so they feel included. Agree on digital rules such as screen-time limits, age-appropriate apps, and no devices in bedrooms overnight. Use parental controls to block or filter harmful content and explain that rules are there to protect and support them, not to spoil their fun.

8 LEAD BY EXAMPLE

Children often copy the behaviour of adults around them. Show them what balanced, respectful, and mindful use of technology looks like, such as avoiding scrolling during family time and speaking kindly in messages. If you expect certain behaviour from them online, make sure your own habits reflect the same standards.

9 EXPLORE PRIVACY SETTINGS TOGETHER

Show children how to use privacy tools on apps, games, and websites. Teach them to use strong passwords, block or report others in response to problems, and avoid sharing personal details. Explore settings together so they feel confident and in control, and explain that these features are there to help them stay safe online.

10 KNOW WHERE TO GET HELP

Familiarise yourself with tools and organisations that support online safety. The National College offers online safety guides and webinars which provide tips on staying safe. Websites like Report Harmful Content and CEOP can be used to report when something goes wrong. Show children how to report or block users, and where to go if they feel unsafe. Make sure they know that asking for help is always the right thing to do, and be prepared to support them.

Meet Our Expert

Home to the world's largest CPD library for educators, The National College has transformed the way education establishments go about developing their workforces and managing compliance. Our three memberships help all phases and types of setting raise standards, save time, reduce risk, and build a culture of improvement.

See full reference list on our website



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