



13th February 2026



This week the following children were recognised in our Celebration Assembly -

Class	Values Champion	Learner of the week
Oak	Rocco for Individual Best	Dicky for being an Author
Maple	Sienna for Individual Best	Oaken for being an Author
Willow	Libby for Kindness & Respect	E for being an Athlete
Elm	Emily for Teamwork	Seb for being a Mathematician
Chestnut	Finley for Individual Best	Nancy for being a Musician

After Half Term at Ide Primary

Day	Morning	Afternoon	Club
Monday	PE- Chestnut & Willow	Assembly	Football (Years 1-6) Drama (Years 2- 6)
Tuesday			Dance (years R -6)
Wednesday	PE –Elm & Willow	Guitar Lessons	Gymnastics (Years R-6)
		Singing assembly	
Thursday	PE – Maple, Elm & Oak		Yoga (YR3-6)
Friday	PE – Chestnut & Maple	Celebration Assembly	

Menu After Half Term

SPRING MENU

WEEK ONE

WEEKS COMMENCING:
5/1, 26/1, 9/3, 30/3

FRUIT AND SALAD
AVAILABLE DAILY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN
ONE

Margherita Pizza
with White and
Wholemeal Pasta
and Peas

Chicken Goujon
Burger with
Potato Wedges and
Salad Sticks

Roast Devon Gammon
and Gravy with
Roast Potatoes,
Carrots and Fine
Green Beans

Mild Chicken Korma
with White and
Wholegrain Rice,
Naan Bread
and Sweetcorn

Fish Cake
with Chips and
Baked Beans

MAIN
TWO

Sweet and Sour
Vegetable with
Egg Noodles
and Peas

Five Bean Enchilada
with Potato Wedges
and Salad Sticks

Yorkshire Pudding
Cottage Pie with
Roast Potatoes,
Carrots and Fine
Green Beans

Cauliflower, Butternut
Squash and Chickpea
Curry with White and
Wholegrain Rice, Naan
Bread and Sweetcorn

Mozzarella and
Tomato Pinwheel
with Chips and
Baked Beans

JACKET
POTATO

Jacket Potatoes
served daily with a
selection of fillings

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served daily with a
selection of fillings

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selection of fillings

DESSERT

Fresh Fruit Platter
or Yoghurt

Jam and
Coconut Sponge

Flapjack

Pear Cake

Ice Cream Pot

We are pleased to offer a variety of allergen free options on our food menu. All allergen food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that there are no allergen free areas. However, we do take every possible precaution to ensure the safety of our customers.

 **Educater**
The School Food Revolution

Please remember to order your child's meals for the fortnight following half term.
Thank you

Author visit

Today we had a visit from the author and explorer Matt Dickinson. Matt started the day with a fantastic assembly about his adventures on Everest and how he came up with the ideas for his books. He led creative writing workshops with Elm and Chestnut, during which they wrote an application letter to an expedition leader explaining why they would be perfect for the role. Willow and Maple also had interactive workshops during the afternoon.

World Book Day

We will be celebrating World Book Day on Friday 6th March and invite all the children to dress up as a book character of their choice.

Some of the best costumes we see each year are made at home so please do not feel that you need to purchase expensive costumes.



Wildlife Champions

The champions had a great time planting bulbs kindly donated by Bernville Nurseries, making a wildlife pond and bog area, adding more leaves to the path through the mound and creating signs using old slate tiles.



Maple Art Exhibition

On Tuesday after school, Maple Class proudly opened their doors to parents for a special art exhibition. The classroom was transformed into a gallery filled with the children's beautiful watercolour paintings inspired by J.M.W. Turner.

After studying Turner's dramatic seascapes, the children explored colour, light and movement to create their own striking ocean scenes. It was a wonderful opportunity to celebrate the artists creativity and hard work.



Yoghurt Pots

Please could you save your yoghurt pots and bring them into school after half term. Maple and Willow need some for a science project. Thank you

Sports Kit Sponsorship

We are hoping to buy new sports kits for the children so that they can look smart and can feel proud when they represent Ide. If you own or work for a company that might be interested in sponsoring a school sports kit, please contact Mrs Radford via the Willow Class email address: willowclass@ide.devon.sch.uk

Things to look forward to at Ide Primary

February	
Tuesday 24th	Charlie Waller Trust Wellbeing Workshop
March	
Friday 6th	World Book Day
Thursday 12th	Science Dome
Mon 9th – Fri 13th	Science Week
Friday 13th	Maple Trip to Shillingford Farm
Friday 13th	FIS Quiz & Pizza Night
Mon 16th -Fri 27th	Big Walk & Wheel
Tuesday 17th	Willow Trip to Shillingford Farm
Wednesday 25th	Elm Handball at West Exe
Tuesday 31st	Elm Showdown at Barnfield Theatre
April	
Wednesday 1st	Maple Multi Skills at West Exe
Thursday 2nd	FIS Non-Uniform Day
Thursday 2nd	Last day of Spring Term
Monday 20th	First day of Summer Term
Monday 4th	Bank Holiday
Tuesday 21st	Year 3 and 4 Swimming
Wednesday 29th	Willow Striking and Fielding Festival at West Exe
Tuesday 28th	Year 3 and 4 Swimming
May	
Monday 4th	Bank Holiday
Tuesday 5th	Year 3 and 4 Swimming
Tuesday 12th	Year 3 and 4 Swimming
Tuesday 19th	Year 3 and 4 Swimming
Friday 22nd	FIS Non-Uniform Day
Mon 25th – Fri 29th	Half Term
June	
Monday 1st	Inset Day
Mon 8th – Wed 10th	Year 5 and 6 Residential
Friday 12th	Parent Meeting for Year 6 going to West Exe 14.45pm
29th – 3rd July	Sports Week
Tuesday 30th	Sports Day
July	
Tuesday 21st	Last day of Summer Term

Term dates can be found on our website - [2025/26 Academic Calendar](#)

FRIENDS OF IDE SCHOOL PRESENTS...

FIS QUIZ

& PIZZA NIGHT!

FRIDAY 13TH MARCH

IDE MEMORIAL HALL

£10 PER PERSON - INCLUDES PIZZA!

ARRIVE FROM 7PM, QUIZ STARTS AT 7:30PM

TO BOOK YOUR TEAM

PLEASE MESSAGE LOUISE

07813 142635



Supporting Children's Emotional Wellbeing

Gemma Howard, from the Charlie Waller Trust, will be joining us to run a session that looks at how we can support the emotional wellbeing of our children and young people. In this session she will be exploring the developing brain, stress and impacts on emotional regulation. She will explore useful tools that can help us connect with, calm and support our children's emotional wellbeing whilst building and strengthening the relationships we have with them and ourselves.

- **When:** Tuesday 24th February
- **Time:** 7.45-9.pm (with 10 minutes extra for Q&A)
- **Where:** Online – **Zoom link:**
https://us02web.zoom.us/join/86379198071?signature=YQiR0zZA-3RRC4veHQ2u4fGyPyYc_9jjADoQawLy96w
 - **Meeting ID:** 863 7919 8071
 - **Passcode:** 437504

Please email gemma.howard@charliewaller.org to book onto this session. If numbers are below 4, they will not be able to run the session which is why booking is essential.

We really hope you can join us.

GET IN TOUCH

hello@charliewaller.org
01635 869754

FIND OUT MORE

charliewaller.org

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The Charlie Waller Trust

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What Parents & Educators Need to Know about WHATSAPP

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

Advice for Parents & Educators

REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



See full reference list on our website

#WakeUpWednesday

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