



13th March 2026



This week the following children were recognised in our Celebration Assembly -

Class	Values Champion	Learner of the week
Oak	Dottie for Individual Best	Theo for being an Author
Willow	Samuel for Individual Best	Gracie for being an Author
Elm	Lilly for Curiosity	Isobelle for being a Mathematician
Chestnut	Isabella for all Ide Value	Jake for being an Artist

Next Week at Ide Primary

Day	Morning	Afternoon	Club
Big Walk & Wheel			
Monday	PE- Willow & Chestnut	Assembly	Football (Years 1-6) Drama (Years 2- 6)
Tuesday	Willow Trip to Shillingford Farm		Dance (years R -6)
Wednesday	PE –Elm & Willow	Guitar Lessons	Gymnastics (Years R-6)
		Singing assembly	
Thursday	PE – Maple, Elm & Oak		Yoga (YR3-6)
Friday	PE – Chestnut & Maple	Celebration Assembly	
		Woodwind Lessons	

Next Week's Menu

SPRING MENU

WEEK ONE

WEEKS COMMENCING:
5/1, 26/1, 9/3, 30/3

FRUIT AND SALAD
AVAILABLE DAILY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN
ONE

Margherita Pizza
with White and
Wholemeal Pasta
and Peas

Chicken Goujon
Burger with
Potato Wedges and
Salad Sticks

Roast Devon Gammon
and Gravy with
Roast Potatoes,
Carrots and Fine
Green Beans

Mild Chicken Korma
with White and
Wholegrain Rice,
Naan Bread
and Sweetcorn

Fish Cake
with Chips and
Baked Beans

MAIN
TWO

Sweet and Sour
Vegetable with
Egg Noodles
and Peas

Five Bean Enchilada
with Potato Wedges
and Salad Sticks

Yorkshire Pudding
Cottage Pie with
Roast Potatoes,
Carrots and Fine
Green Beans

Cauliflower, Butternut
Squash and Chickpea
Curry with White and
Wholegrain Rice, Naan
Bread and Sweetcorn

Mozzarella and
Tomato Pinwheel
with Chips and
Baked Beans

JACKET
POTATO

Jacket Potatoes
served daily with a
selection of fillings

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served daily with a
selection of fillings

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selection of fillings

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selection of fillings

DESSERT

Fresh Fruit Platter
or Yoghurt

Jam and
Coconut Sponge

Flapjack

Pear Cake

Ice Cream Pot

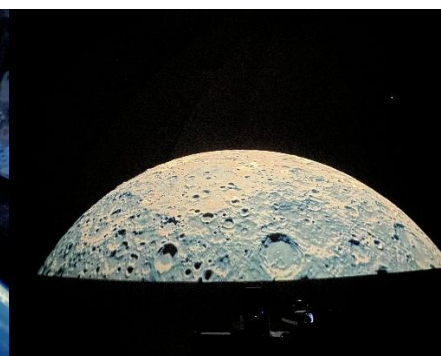
We are pleased to offer a variety of allergen free options on our food menu. A detailed list is provided in a kitchen. But handlers must always be prepared to cater for any allergies. Full menu consultation will never occur, we do take every possible precaution to ensure this term's catering.

 **Educaring**
The School Food Network

Space Dome

To celebrate Science Week, we were delighted to welcome Simon and his fantastic space dome to our school. The children embarked on some amazing adventures inside the dome, exploring space and discovering fascinating facts about our universe and Earth.

A huge thank you to FIS for generously funding this wonderful experience.



Science Week Competition

The winners will be announced during Monday's Assembly.

Torbay Music Festival

Wren, Isabella, Jack & Oliver participated in the Torbay Music Festival last weekend, each performing solos, duets and also an ensemble piece together. They played stunningly well, receiving excellent feedback from the very encouraging adjudicator about their technique and musicianship, and earning themselves a vast array of silver medals and cups! I was immensely proud of their achievements; they had worked incredibly hard to prepare very thoroughly, it was a delight to see them shine and take to the stage with such professionalism and skill. They have been invited back to the end of Festival Gala Concert in April to perform their ensemble piece, which is an honour as it showcases the best of the whole festival which spanned multiple days! Very well done to them all.

Mrs Jo Todd (woodwind teacher)



Big Wheel & Walk

We are taking part in the Big Walk and Wheel again this year, the UK's largest inter-school walking, wheeling, scooting and cycling to school challenge. It inspires pupils to make active journeys to school, to improve air quality in their neighbourhood and discover how these changes benefit their world. The challenge runs from 16th March - 27th March. It's free to take part and we would love everyone to be involved.

On each day of the challenge, schools will compete to see who can record the greatest number of pupils walking, using a wheelchair, scooting or cycling to school. The class teachers will be recording the number of active journeys every morning during registration. Our school's best five days will determine our final position, but we will be logging journeys on each of the ten days. We will be competing against other schools right across the UK, and if we have the most active journeys, we will win!

The Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing. Active school runs also help to reduce congestion and air pollution outside the school gate. In addition to this, there are some great prizes to be won every day if we get enough children taking part!

Please encourage your child to help our school to increase our number of active journeys by making a special effort to walk your children to school or allow them to cycle or scoot. If you have to drive but would still like to take part, park at least five minutes away from the school and walk, cycle or scoot the rest of the way.

For more information about the event go to: <https://bigwalkandwheel.org.uk/>

Enjoy the challenge! Thank you for your support.

Volunteers needed

We would like some additional adults on Tuesday mornings to help with the year 3 and 4 swimming lessons. Even if you are only able to help with one week, this would be a big help.

If you are able to help with any dates, please email Mrs Radford via willowclass@ide.devon.sch.uk. Thank you.

Cardboard Recycling for Modelling

Oak Class would be grateful for your cardboard recycling for their modelling. Small boxes e.g. cereal and food boxes and cardboard tubes would be fantastic. Thank you.

Scrap Fabric

Willow Class would be grateful for any scrap fabric for their artwork after Easter. Thank you.

Things to look forward to at Ide Primary

March	
Mon 16 th -Fri 27 th	Big Walk & Wheel
Tuesday 17 th	Willow Trip to Shillingford Farm
Wednesday 25 th	Elm Handball at West Exe
Tuesday 31 st	Elm Showdown at Barnfield Theatre
April	
Wednesday 1 st	Maple Multi Skills at West Exe
Thursday 2 nd	FIS Non-Uniform Day
Thursday 2 nd	Last day of Spring Term
Monday 20 th	First day of Summer Term
Monday 4 th	Bank Holiday
Tuesday 21 st	Year 3 and 4 Swimming
Wednesday 29 th	Willow Striking and Fielding Festival at West Exe
Tuesday 28 th	Year 3 and 4 Swimming
May	
Monday 4 th	Bank Holiday
Tuesday 5 th	Year 3 and 4 Swimming
Tuesday 12 th	Year 3 and 4 Swimming
Tuesday 19 th	Year 3 and 4 Swimming
Friday 22 nd	FIS Non-Uniform Day
Mon 25 th – Fri 29 th	Half Term
June	
Monday 1 st	Inset Day
Mon 8 th – Wed 10 th	Year 5 and 6 Residential
Friday 12 th	Parent Meeting for Year 6 going to West Exe 14.45pm
29 th – 3 rd July	Sports Week
Tuesday 30 th	Sports Day
July	
Tuesday 21 st	Last day of Summer Term

Term dates can be found on our website - [2025/26 Academic Calendar](#)

Hearts and Homes: A FosteringDevon Conference

Find out how **you** could make a difference to a child or young person's life in Devon.

Join our team of experts for a special in-person event to learn about:

- Fostering with your local authority.
- Training and support, including a Skills to Foster taster session.
- Approaches to therapeutic parenting and the support we offer.
- What children and young people want from their carers.



Friday 20 March



Future Skills Centre, Exeter
10am - 12pm or 1pm - 3pm

Register your interest at
fosteringdevon.org.uk
or by scanning
the QR code.



Inspiring futures. Changing lives.
Call 0345 155 1077
Visit fosteringdevon.org.uk

Devon
County Council

Fostering
SOUTH WEST



During all school
holidays!
8.30am until 4pm

We have lots of things to do at our base
and we go on regular trips out too:

- Pool, ping pong, air hockey tables
- Forest school inspired activities
- Nintendo, Xbox, Playstation games
- Our own bouncy castle
- Indoor/outdoor swimming
- Football, rounders
- Beach and amusements
- Cinema
- Crafts and baking
- Flip out
- Haldon Forest
- Our own bikes
- Local parks



£27.50 per day plus trip costs

St Thomas, EX2 9DY

Call/text/email us on 07872613795
westexeholidayclub@gmail.com



IT WAS UNBELIEVABLE. IT'S SO CONVINCING
AND WE LOVED EVERY MINUTE!
SARAH JANE DH - CAMBRIDGE JUNCTION

★★★★★

I ABSOLUTELY LOVE EVERYTHING ABOUT THIS
SHOW—I'VE BEEN BACK THREE TIMES!
LISA KIRK - BARNSELY CIVIC

★★★★★

IF THERE WERE MORE THAN 5 STARS,
I WOULD GIVE THEM! SIMPLY INCREDIBLE!
KALISTA WELLS - SKIPTON TOWN HALL

★★★★★

AMAZING SHOW WITH GREAT AUDIENCE
PARTICIPATION. BRILLIANT VALUE FOR MONEY!
ALISON SHEARMAN - THE STAG, SEVENOAKS

★★★★★

**EASTER
TOUR
DATES**

**TEACHREX
LIVE**

THE JUNCTION, CAMBRIDGE	MARCH 28	THE LIGHTS, ANDOVER	APRIL 9
CHORLEY THEATRE, CHORLEY	MARCH 30	THE STABLES, MILTON KEYNES	APRIL 10
NATURAL HISTORY MUSEUM	MARCH 30-2	MIDLANDS ART CENTRE, BIRMINGHAM	APRIL 11
SKIPTON TOWN HALL, SKIPTON	APRIL 1	HESWALL HALL, HESWALL	APRIL 12
THE MET, BURY	APRIL 3	CORN EXCHANGE, EXETER	APRIL 18
NATURAL HISTORY MUSEUM	APRIL 7 - 10	DEPOT, CARDIFF	APRIL 19
STAG, SEVENOAKS	APRIL 7	BLACKHEATH HALLS, LONDON	APRIL 25
CAMP AND FURNACE, LIVERPOOL	APRIL 8		

What Parents & Educators Need to Know about ONLINE TRENDS ENCOURAGING VIOLENCE

WHAT ARE THE RISKS?

7 out of 10 teens report seeing violent content on social media, with over half of that content featuring fights involving young people. Most don't 'seek' it but are shown it through social media feeds or messaging groups. 91% of young people involved in violence have seen violent social media content. Viral trends, challenges, or 'wars' that are spread online risk encouraging violence offline, while real-world incidents may also be recorded and promoted online.

ALGORITHMIC EXPOSURE

Social media platforms are designed to keep users engaged, meaning dramatic or extreme content can spread widely and quickly. Algorithms often recommend content that reflects users' past interactions. As a result, young people may see more violent material if they have viewed, commented on, or shared it before. Repeated exposure can make violent content appear frequently in their feeds without them fully understanding why.

WEAPONS AND CRIMINAL RISK

Teens exposed to high levels of real-world violence on social media sometimes report feeling an increased need to carry a weapon for 'self-protection'; however, carrying a weapon increases the risk of victimisation (harm and injury by others) for young people. In addition, carrying a weapon is a serious offence that can lead to police arrest and a criminal record.

SHARING VIOLENT CONTENT

Encouraging or assisting an offence is a crime in the UK, including via social media, and can lead to arrest. This means sharing, forwarding, or reposting violent content carries a risk for young people too. Showing examples of content to a trusted adult is appropriate, but young people should take care not to further spread violent material by posting it online or sharing it within large messaging groups.

FEAR, ANXIETY, AND MARGINALISATION

Research shows young people's emotional wellbeing can be negatively impacted by repeated exposure to violent online content, especially when it depicts 'real-world' violence (as opposed to fictional depictions in games or films). Posts featuring weapons, threats, attacks, and fights – or content that appears to glorify gang activity – can increase feelings of anxiety or fear among young people. Material that encourages violence targeting people because of their identity, such as their nationality or religion, can also create disproportionate harm for children belonging to those groups.

AVOIDANCE AND ISOLATION

Real-world violence on social media can increase young people's belief that their local communities – or the 'outside world' more generally – are unsafe places. This can result in avoidant and isolating behaviours, which may negatively affect their wellbeing. As well as feeling fearful of others, teens also report feeling judged for spending time together in large groups, which may affect their social interactions and leisure time.

Advice for Parents & Educators

STAY INFORMED

Stay alert for updates from police, schools, or local authorities, and follow the advice provided. Be cautious about unofficial accounts, fake content, and misinformation, which can spread quickly online or in chat groups. Ensure you get accurate information from trusted sources and encourage young people to do the same. Remind them never to share violent content online and to speak to a trusted adult instead.

DISCUSS SOCIAL MEDIA

Encourage young people to talk about the content they see online and the effect it can have. This can be an opportunity to discuss topics such as misinformation, AI-generated material, the attention economy, and algorithms, helping them understand how and why extreme content can spread online. Explore tools available to block, report, and remove harmful content, and signpost where to get support and advice, such as reportharmfulcontent.com.

TALK CRIME AND SAFETY

In most of the UK, the age of criminal responsibility is 10 (12 in Scotland). This means there can be serious criminal consequences for carrying a weapon, taking part in violence, or filming or sharing violent content. Discuss the law with young people alongside practical safety strategies. Ask questions such as: "What could you do if you feel unsafe?" Work together on action plans and remind them they can contact a trusted adult or the police if they witness or experience violence.

ENCOURAGE POSITIVE ACTION

Focus on strengthening young people's positive experiences both online and within their local communities. Discuss strategies to reduce negative social media effects, such as time limits, unfollowing certain accounts, or taking breaks from apps. Encourage offline activities such as spending time with friends, visiting local places, and taking part in hobbies that bring them joy, purpose, and connection. Remind them they can seek support with any concerns at any time via childline.org.uk.

Meet Our Expert

Dr. Holly Powell-Jones is the founder of Online Media Law UK and a leading UK expert in media law, online safety, and young people. Her PhD investigates youth understandings of criminal and legal risks in a digital context. She works in schools to provide award-winning education on the criminal, legal, and ethical considerations of rapidly advancing technologies.



The National College

See full reference list on our website



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