



3rd July 2026



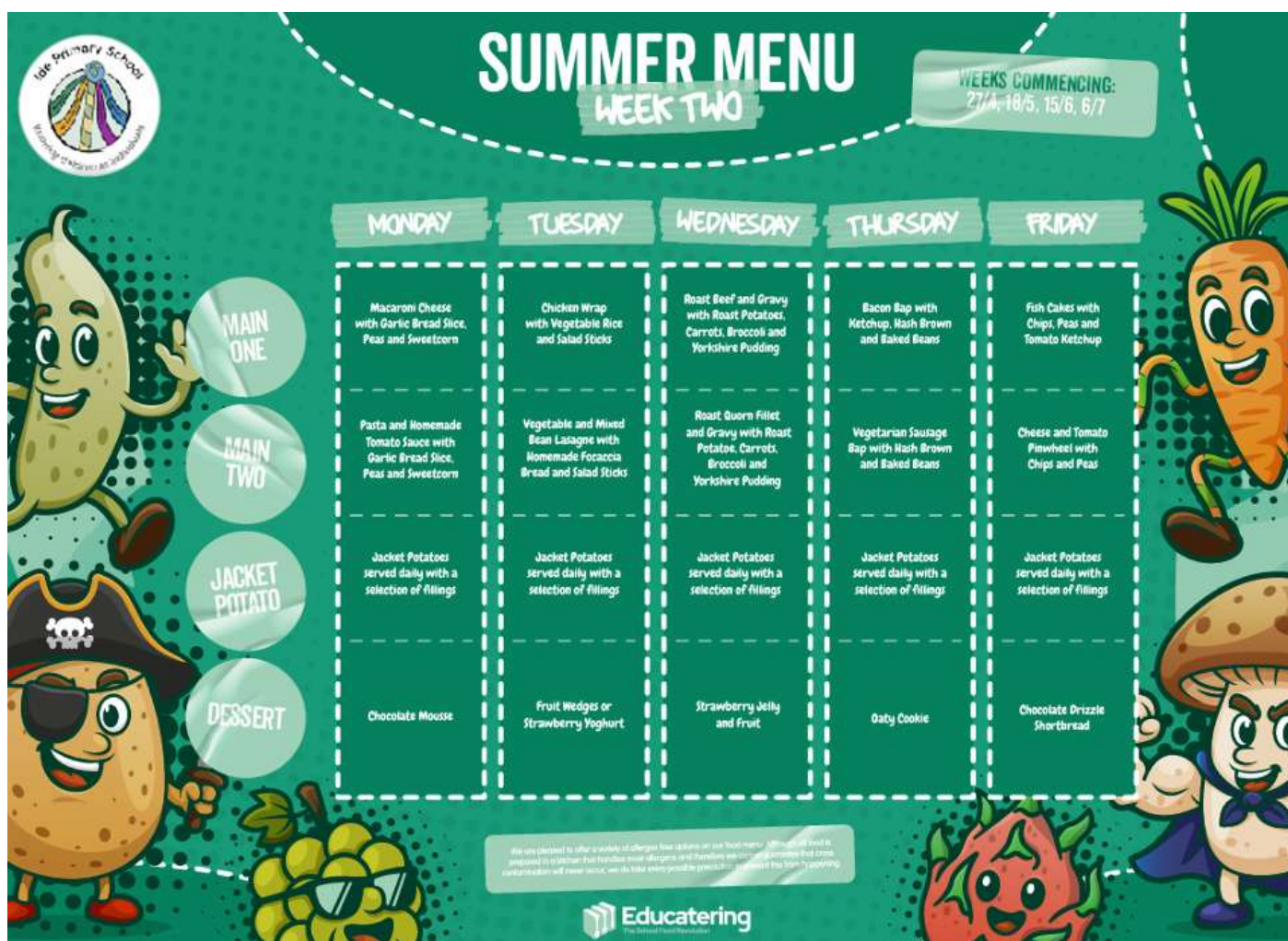
This week the following children were recognised in our Celebration Assembly –

Class	Athletes of the Week	
Acorns	Pippa	Dalton
Oak	Dottie	Eryn
Maple	Evie	Hugo
Willow	E	Freddie
Elm	Hollie	Wilf
Chestnut	Johnnie	Ylva

Next week at Ide Primary

Day	Morning	Afternoon	After School
Monday	Class Photos	Assembly	Football (Years 1-6)
Tuesday			Dance Club (Years R – 6)
Wednesday	PE Elm & Willow	Guitar Lessons	Rounders Club (Years 2-6)
		Singing Assembly	Crochet Club (Year 4-6)
Thursday	Transition Morning	PE- Maple, Elm & Oak	Yoga Club (Years R -6)
			Art Club (Years 3-6)
Friday	PE – Chestnut & Maple	Woodwind Lessons	FIS FEST
		Celebration Assembly	

Next Week's Menu



IDE PRIMARY SCHOOL
WILKINS CROFT, ALVECHURCH

SUMMER MENU
WEEK TWO

WEEKS COMMENCING:
27/4, 18/5, 15/6, 6/7

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN ONE	Macaroni Cheese with Garlic Bread Slice, Peas and Sweetcorn	Chicken Wrap with Vegetable Rice and Salad Sticks	Roast Beef and Gravy with Roast Potatoes, Carrots, Broccoli and Yorkshire Pudding	Bacon Bap with Ketchup, Mash Brown and Baked Beans	Fish Cakes with Chips, Peas and Tomato Ketchup
MAIN TWO	Pasta and Homemade Tomato Sauce with Garlic Bread Slice, Peas and Sweetcorn	Vegetable and Mixed Bean Lasagne with Homemade Focaccia Bread and Salad Sticks	Roast Quorn Fillet and Gravy with Roast Potatoes, Carrots, Broccoli and Yorkshire Pudding	Vegetarian Sausage Bap with Mash Brown and Baked Beans	Cheese and Tomato Pinwheel with Chips and Peas
JACKET POTATO	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings	Jacket Potatoes served daily with a selection of fillings
DESSERT	Chocolate Mousse	Fruit Wedges or Strawberry Yoghurt	Strawberry Jelly and fruit	Oaty Cookie	Chocolate Drizzle Shortbread

We are pleased to offer a variety of allergen free options on our food menu. All food served is prepared in a kitchen that handles many allergens and therefore, we cannot guarantee that cross contamination will never occur, we do take every possible precaution to ensure this.

Educating
The School Food Specialist

Please ensure your child's meals are ordered for the rest of the term. Thank you.

Class Photos

A photographer will be in school on Monday 6th July to take class and year 6 photos. Please can all children come into school wearing full uniform.

Reading Books – All Classes

This will be the last week that the children will bring home a reading book, as we will be collecting them ready to reorganise for next year.

If you have any reading books at home, we would be very grateful if you could return them as soon as possible. This will help us ensure they are ready for our children to use again next term.

Thank you for your support.



Carrier Bags

Please could all children bring a named carrier bag to school next week in preparation for sending completed books and artwork home. Thank you.

Sports Week & Sports Day

It was lovely to see so many of you on Tuesday at our annual Sports Day. It is always a highlight of the school calendar. We hope you had a great morning watching and cheering all of the children on.

This week, all classes have participated in a variety of different sports. The children have shown such enthusiasm and sportsmanship throughout, always encouraging each other.

Thank you to Mrs Radford for organising the week and to all the staff and visiting coaches for making it enjoyable.



Green Phoenix Festival Art Exhibition - We Are Nature

Exeter Phoenix's **Green Phoenix Festival** is returning for its third year, taking place on **Sunday the 5th of July 2026** from 11am the festival is a day of **FREE** creative activities for all ages including: music, art, film screenings, learning, and stalls.

The festival has a range of activities for all ages including the Crafty Butterfly Club where you can make your own paper pot, plant some seeds, and take it home to grow to attract your own butterflies and moths!

Maple and Chestnut Class have their beautiful artwork on display in the Walkway Gallery. Further details here - [Ide Primary School: We Are Nature - Exeter Phoenix](#)



AUDITORIUM ECHO EMERGENCY 11am - 4pm ECHOUP Discover what local growers and producers are doing in and around Exeter to feed the region of our food crisis. Speakers, films and talks. Suitable for all. STUDIO 74 A YEAR IN THE WOODS: A COMMUNITY DOCUMENTARY 2pm - 5pm Trevor Rodgers & Anne Whiskey This screening of a short length documentary follows a year in the life of the wood. The wood, which was purchased by the community to save a local woodland, followed by talks with two of the filmmakers Trevor Rodgers and Anne Whiskey. WORKSHOP HELPING BUTTERFLIES AND MOTHS IN OUR GARDENS 11am - 11.45am Joe's Wild Garden Learn about butterflies and moths that visit our gardens and what to help them, with local wildlife expert Joe's Wild Garden. (All ages welcome). A friendly session aimed at adults and children keen to help nature. FILMS FOR A LIVABLE FUTURE WITH EXETER GREENSPACE 12pm - 1pm Exeter Greenpeace Join Exeter Greenpeace for a screening of films on climate and nature emergency. There will be refreshments served. Films include: sustainable diets and green growth in the Exeter area, including 'Hot For Soles'. A heartwarming film about an ageing local farmer and a big decision: growing wild, wildlife, community and green food production. The film follows the journey from seed to plate. After the film there will be time for discussion and feedback. Entry is free. HOT GIRL SUMMER FOR WHO? WOMEN'S HEALTH, DISABILITY AND CLIMATE CHANGE 2pm - 4pm Emma de Jure Climate and health justice activist. This session will explore the intersection of gender, disability and climate change, followed by participatory collage making where we will reimagine the ways that stories of climate change and our bodies are told. Come as you are!	STUDIO 1 COMMUNITY STALLS AND ACTIVITIES 11am - 4pm Various Come along to find out about the work taking place in our community and try a range of activities with our stallholders including Butterfly Conservation, Exeter Food Action and Exeter CIC. CREATING FOR THE CLIMATE 11am - 2pm Exeter Greenpeace Exeter Greenpeace is a range of free stall activities and find out more about the work of Greenpeace in our stall. ART BLOCKING WITH THE EXETER COMMUNITY ALLIANCE 11am - 2pm Exeter Community Alliance Models on growing art, culture, theatre or future office. Choose from a selection of books, drawing supplies, materials and more. Pick your colour ink and draw your own future. Bring your own art supplies if you wish. The stall will be running all day and the activity is open to children of all ages but is for 100 years old. CHARTER BUTTERFLY CLUB 11pm - 2pm Joe's Wild Garden and Butterfly Conservation Join and learn from wildlife expert Joe's Wild Garden and learn how to create a butterfly garden. Suitable for children aged 8 and over. Adult capacity: 8 children of a like. SPARKLY SONIA'S SPRING WAGON 2pm - 4pm Spring Wagon (Charity Social Care and local growing school). Suitable for children aged 5 and over. Suitable for children aged 5 and over. Suitable for children aged 5 and over. HEADLINE MATT WINNING: SOLASTALGIA 2pm - 6.45pm Dr Matt Winning Awarded climate scientist and Edinburgh Fringe Festival favourite. Dr Matt Winning has been given an ultimatum: save the world by funniest timeline or tell his son. His comedy performance is an epic story about fatherhood, France and facing the future, together.	STUDIO 2 POETRY READING WITH EXETER YOUNG CITY LAUREATE GRAD WALKLEY - INVITED GUEST 2pm - 4pm Grace Walkley & Guest Join Exeter's Young City Laureate Grace Walkley for a reading with a local environmental poet that gives hope for the future. She reads for examples of people making a difference and someone a little closer to Exeter and the world. SECRET GARDEN 11am - 4pm Supported by Exeter City Council A special space for everyone looking to take some time away from the world, with free crop available. Ready to be supported by Exeter City Council. And a reading area with selection of green books to peruse, or support of the National Year of Reading. BAR TERRACE 11am - 4pm Active Diner Join us for a meal with Active Diner. A local restaurant and cafe. All ages welcome. Larger dogs may be needed to reach the patio. WALKWAY GALLERY IDE PRIMARY SCHOOL - WILDERE CHAMBERS 11am - 5pm Ide Primary School An exhibition of photographs and artwork from the children at Ide Primary School, showcasing their Wildlife Champions project.	ROUGEMONT GARDENS / STUDIO 2 11am - 4pm Richard Chappell Deane & Mark McInerney Deane and Mark McInerney are artists that feature in Exeter-based Richard Chappell Deane's new production 'In Folk Through song & poetry'. In Folk is a call to re-imagine the Exeter and Exeter area, and a call to re-imagine the Exeter area. It is a call to re-imagine the Exeter area. It is a call to re-imagine the Exeter area. MEETING ROOM TELLING STORIES THAT MATTER: PODCASTING, BLOGGING AND DIGITAL STORYTELLING 11am - 12pm Be the change. Media Network Hosted by Be the change. Media Network. The interactive workshop explores media, stories, ethical storytelling, and the foundations of creating podcasts and blogs. Join us to learn about how storytelling can challenge narratives, inspire informed voices, and learn how to tell your story and share it. TRILLIUM MACHINES 2.30pm - 3.30pm Significant Seeds Join us for a workshop with Significant Seeds. We will be making a seed packet for the 'We Are Nature' project. The workshop is free and open to all. The workshop is free and open to all. FRONT STEPS NATURE CONNECTION - OUTDOOR WORKSHOP 2pm - 4pm Alison Harris Exeter's first outdoor nature workshop. Exeter's first outdoor nature workshop. Exeter's first outdoor nature workshop. Exeter's first outdoor nature workshop. Exeter's first outdoor nature workshop.
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Green Phoenix
* festival *

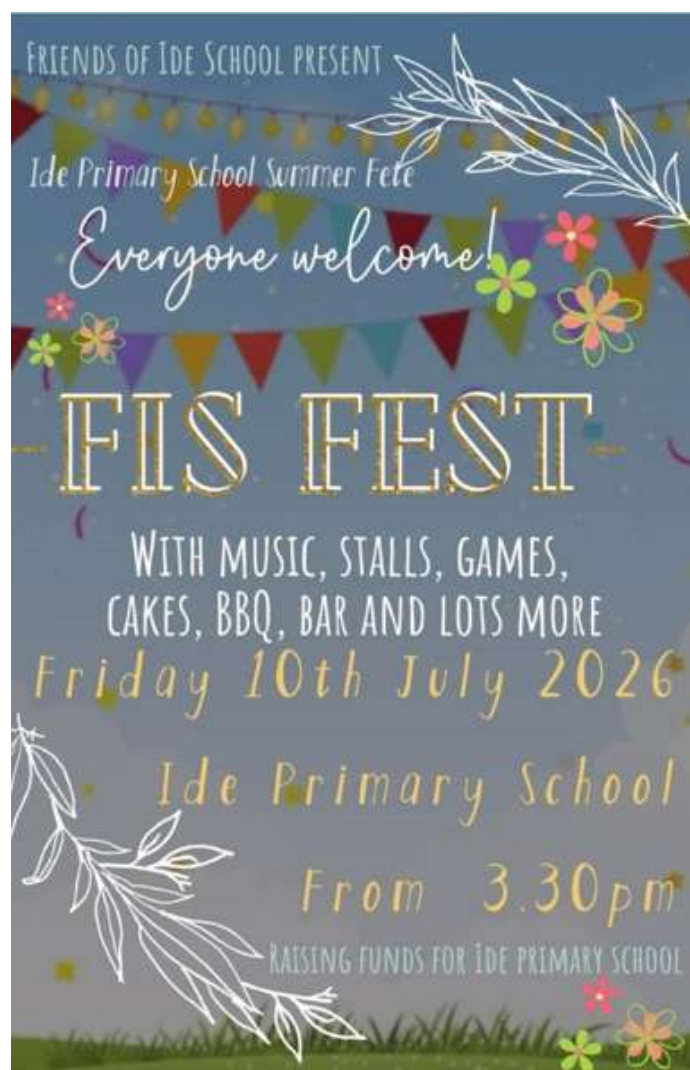
DO WHAT YOU CAN

Things to look forward to at Ide Primary

July	
Monday 6 th	Class Photos
Friday 10 th	FIS Fest
Wednesday 15 th	Chestnut Production (Matinee & Evening Performance)
Thursday 16 th	Dance Club Premier Showdown
Friday 17 th	Walkability
Friday 17 th	Year 6 BBQ and Leavers Assembly from 12pm
Tuesday 21 st	Last day of Summer Term
September	
Monday 7 th	Children Return to School

Term dates can be found on our website - [School calendar 2026/27 UK](#)

Please note that there has been a change to the term dates on the website. The children return to school on Monday 7th September.



FIS

Supporting the school to thrive

FIS Fest is Next Friday!

The countdown is on for FIS Fest, our Summer Fete and biggest charity fundraiser of the year! It's always a brilliant afternoon, and we're well on the way to making this one a massive success.

A huge thank you to everyone who has already put their name down to help. There's still a fair bit to organise, and as we all know, many hands make light work. We really want everyone to be able to relax and enjoy the day with their families, so if we can all chip in just a tiny bit, it'll really share the load around.

Just a reminder that every single penny raised from the fete goes directly back into the school to benefit our children, so it's a wonderful cause for us all to support.

Here is what we need to get sorted this week:

Pre-pay your tokens!

This is a really important one.

Please use the link to pre-pay for your tokens if you can. Buying them in advance means we can avoid a massive queue at the gate and get everyone in smoothly!

<https://pay.sumup.com/b2c/QL43CKXJ>

Water & wine donations

We're bringing back the water and wine stall, but we need your help to stock it. We are looking for:

- * Full bottles of wine
- * Empty wine bottles (clean, please!)

Any and all donations are massively appreciated.

Scones & cakes

If you fancy doing a bit of baking, we'd love donations of cakes and scones for the tea tent.

Volunteer slots that still need filling!

There are still lots of empty spaces on the sign-up sheet in the school foyer, so please take a look next time you're passing. If you can give up just 30 minutes of your time from 3:30pm on the day, it makes a world of difference. It's great fun and it's what makes the fete happen.

Here are some of the jobs and stalls where we still need a hand:

- Setting up marquees the night before
- Setting up stalls on the day from 1pm
- Glass cleaning
- Face painting
- Raffle ticket selling
- Splat the rat
- Hook a duck
- Pre-loved toys stall
- Packing up at the end
- Bouncy castle rota
- Token sales
- Flags in the sand
- Tin can bowling
- Name the bear
- Raffle prizes
- General help on the day

How to help:

Please check out the physical sign-up sheet in the foyer to grab a slot or drop a quick email to **friendsofideschool@hotmail.com** to let us know where you can help.

Looking forward to a fantastic day. See you all next Friday!

Thanks everyone! 😊

FIS

Thank you

Community Information

STEP UP & DANCE

HOLIDAY CAMP

TYRRELL SPORTS

DANCE & SPORTS

Step Up & Move with Friends

Join us for an exciting holiday camp filled with dance, multi sports, and endless fun for kids of all abilities.

24th & 25th August

£70 for 2 days

Trinity Primary School
Exeter, EX2 7TR

Bollywood Dancing
Slapstick Comedy,
K-Pop, Musicals,
Soft Archery,
Nerf Battles,
Football, Dodgeball,
Cricket and much more...

Scan this barcode to book

Children aged 5-12 years old

Andy - 07891 041842
andytyrrell@tyrrellsports.com
katie@stepupanddance.co.uk

QR CODE

MULTI-ACTIVITY HOLIDAY CAMP

SUMMER HOLIDAYS

St Luke's Campus, University of Exeter

Monday 27th July - Friday 28th August

8:15am - 5:15pm

AGES 5 - 12

UNIQUE ACTIVITIES INCLUDING
GLOW SPORTS, NERF WARS, BUBBLE FOOTBALL, INFLATABLES AND MORE!

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PREMIER EDUCATION WEST EXETER HOLIDAY CLUBS

- ★ Bowhill Primary School, Exeter, EX4 1JG
- ★ St Michael's Church of England Primary Academy, Exeter, EX1 2SN
- ★ St Thomas Primary School, Exeter, EX2 9BB
- ★ Wednesday 22nd July - Friday 4th September
- ★ Multi Activity Club: Sports, Arts & Crafts, Games, & Play
- ★ 8:30am - 3:30pm / 9:30am - 5pm
- ★ £27.99 / £34.99 per child, per day
- ★ Available to children aged 4 - 11

Book at www.premier-education.com/holiday-clubs

Contact: enquiries@premier-education.com for queries

PROMOTIONS & DISCOUNTS!

- ★ Half price Fridays!
- ★ 3x Half price days if you attended during May 2024!
- ★ 3x Half price days if you've booked/attended 3 or more Premier Education Wrap Around Care sessions this term!

To book promotions & discounts, message us on Facebook: @PremierEducationExeter



Our Holiday Clubs keep children active, safe, and entertained throughout the school holidays.

Join us this holiday period as we offer a wide range of fun activities, including sports, arts and crafts, dance and games, all at great value. There's something for every child to enjoy this half-term!

Book now for a holiday full of excitement!



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Conversation starters for parents and carers: ONLINE CONTENT



Trying to start a conversation about online safety with children can be a daunting task. There are many reasons why children may not want to talk to adults about it. One might be that they don't think you'll understand or that you won't know how to help if they came to you with an online problem. It can also be hard to start a conversation about something that you might have limited knowledge about. However, with screen time increasing during the lockdown, it's important now more than ever, to be talking to children about what they are accessing online.

1 ASK THEIR MOTIVATION

Sometimes it's easy to assume we know why children choose certain games or apps. It can seem obvious, like the child interested in football will be enthusiastic about the new FIFA game. But sometimes it can be more subtle than that. It could be that it's an outlet for their creativity or it might be that they like the look of the main character. Learning their motivation and knowing why they like it can help advising them on how to use it safely and help you discuss the pros and cons.



6 MAKE TIME TO LISTEN

When your child can't wait to tell you about their new game, always try and listen to what they say. We always have a lot on our minds, so it's easy for us to drift off onto other things which may be more important. However, try to stay involved and ask them more details about aspects of the game/app. Children will appreciate your interest and the more questions you ask, the more you can find out. If you act uninterested, then they are less likely to tell you about it again in the future.



2 CULTIVATE A BLAME FREE CULTURE

Children can often blame themselves if they come across something that scares them or makes them feel uncomfortable. There will be times when your child has gone against something that you have forbidden, however, most children do not intend to put themselves at risk. Therefore, it's important that your child is able to come to you with a problem and won't be blamed for it. Try to understand what happened and why and warn them of the dangers once more. Engaging in a 'told you so' dialogue or suggesting they are in trouble for not listening may deter them from reporting any future concerns.



7 ASK THEM TO BE THE TEACHER

Showing an interest in what children are accessing online is a great opportunity for you to learn something new as well. Children on the whole love sharing their experiences so by asking them to teach you how to use an app or play a game is not only a great way to bond, but you will also feel more empowered to talk about it. It is easy to shy away from conversations when the child perhaps knows more about the subject content than you do. This can help to turn this around.



3 SHARE PERSONAL EXPERIENCE

Starting a conversation by sharing something that you've seen or that has made you feel uncomfortable can be a great opener. Talking about your own feelings can help children realise that it isn't just them – adults can be affected too. You can then go into how you coped with it therefore indirectly giving children advice on how they can also cope in uncomfortable situations. You can also explain that the reason that you've chosen to talk to them about it is because talking helps. Children will hopefully be able to see the parallels in the experiences and mimic your behaviour in future.



8 USE SCHOOL MESSAGING

It might be that your child's school has sent out a message about the Childline number or to remind children to use the CEOP button to report content. Ask the children what they learned about these at school. When would they use the Childline number? When would they need to use the CEOP button? What does it look like? Asking the children why the school thought that the information was so important that they sent out a message about it reinforces what they learnt whilst at school.



4 TALK ABOUT THE NEWS

Asking children what their response is to news stories around online safety can be revealing. For example, there has been a recent survey conducted by the BBFC who are currently campaigning for the application of age ratings and content warnings on video sharing platforms. What do they think about this? Can they think of a time when this would have helped themselves or someone they know? Are they against the idea? If so, why? Could they be accessing something they shouldn't be?



9 ASK ABOUT THE RISKS

Many children may know what online risks are and will happily explain the potential dangers. Listen and try not to be overly shocked if they tell you something that disturbs you. This can then lead nicely into you asking the question about what steps they are taking to look after themselves or what help they could seek if something goes wrong. Sometimes it's just nice to know that your children know the dangers and have taken steps to help reduce the risk for themselves – this is the ultimate goal.



5 ASK FOR ADVICE

It could be that you really do have a friend at work who is debating whether or not to let their child do something online, or it could be that you're bending the truth slightly, but hopefully the outcome would be the same. Don't be afraid to ask others for advice. Not only why they should let the child use it, but also what would they tell the child to be aware of. What are the risks? This will help you understand the risks yourself and what to look out for in future.



10 ASK ABOUT RESPONSIBILITIES

Try asking open ended questions about rules and responsibilities online. Who is in control of the internet? Who is looking after you whilst you are online? Who decides what is appropriate for children to see? This can reveal a lot about a child's perception about who is responsible for their online safety, if they believe that it is up to everyone else to keep them safe, then you know you need to have a conversation about how they can reduce their own risk.



11 ASK ABOUT SCHOOL ADVICE

Sometimes it's hard to know what to warn children about. If there is a new app or game that your child has come across recently, ask them what they think their teacher would say about it. What advice would school give them? What have they been told about trusting people online or about fake news? Finding this out would be a good way to hear what advice they were given at school and help you reiterate the same message. Quick reminders about what to do if something makes them feel uncomfortable or who their trusted adults are can make all the difference.



Meet our expert

Heather Cardwell is a practicing Online Safety Lead and senior school leader who is passionate about safeguarding children online and educating them around online risks. She has over 10+ years as a Computing Lead and has successfully developed and implemented a whole school approach to online safety in schools, delivering online safety training to both school staff and parents and helping to roll-out a bespoke online safety policy across her local network of education settings.

